

TIPS Article and Card List

Addictive substances
Addictive Substances
Prenatal Exposure
Allergies or infection
Allergies
Explain Germs
Hand Wash Songs
Hand Wash Steps
Sanitizer
When to Wash Hands
Anxiety
Getting Help
Phobias
Separation Anxiety
Social Anxiety
Trauma
Asthma
Asthma Care Plan
Asthma and Tobacco
Bath Time
Bath Product Safety
Gentle Baby Cleansing
Learning to Bathe
Safe Bath Time
Bedtime Routines
Bedtime Routines
Bedtime Story
Resisting Bedtime
Bedwetting
Bedwetting
Biting
Baby Biting
Biting after the Age 3
If your child bites
If your child is bitten

TIPS Article and Card List (cont.)

Bullying
Hurt Feelings or Body
If Bullying Escalates
Preventing Bullying
Car Passenger Safety
Car Safety for Infants
Car Safety Stages
Car Safety Trucks
Car Safety for Young Children
Child Sexual Abuse
Protective Skills
Prevention Signs
Supervision
Child Support
Paying Child Support
Receiving Child Support
Choosing Children's Books
Choosing Books 0 to 9 Months
Choosing books 10 to 18 Months
Choosing books 18 to 24 Months
Choosing Books 24 to 36 Months
Choosing Books 36 to 48 Months
Choosing Books Expand Their World
Choosing Books Mirror Their World
Choosing Books Where to Go
Co-Parenting
Bio, Foster, Adoptive
Blended Families
Consistent Co-Parenting
Good Visits
Respectful Co-Parenting
Cold Weather Play
Cold Weather Play

TIPS Article and Card List (cont.)

Colds, Flu and RSV
Colds, Flu and RSV
Common Eye Conditions and Injury
Eye Injury
Pink Eye
Sties and Cellulitis
Cup Drinking
Transition to Cup Drinking
Dads and Reading
Talking and Reading with Dads
Depression (Parental)
Coping with Suicidal Thoughts
Depression
Finding Arkansas Mental Health Providers
Recognize Suicide Warning Signs
Disaster Preparation and Recovery
After an Emergency
During an Emergency
Preparing for Emergencies
Domestic Violence
Children Nearby
Make a Plan
Ear Infections
Ear Infections Prevention
Ear Infections, Return to Daycare
Ear Infections and Tubes
Effective Discipline
10 minutes to good behavior
Enforcing Rules
Ignore the Reward
Planning Ahead
Routines
Teach all the Steps
Time Outs
Voluntary Time-Out

TIPS Article and Card List (cont.)

Family Traditions
Ideas for Family Traditions
Family Traditions Support Children
Family Traditions in a New Home
Family Traditions When Families Change
Fast Food
Fast Food Advertising
Fast Food Eating Healthy When Eating Out
Fast Food Less is More
Fathers (Importance of)
Baby Bonding
Daily Routines
Early Education
Support Breastfeeding
When Parent Returns
Fruit and Juice
Fruit and Juice
No Drinks with Added Sugar
Grief and Loss
Children's Grief
Deployment
Divorce
Finding Arkansas Mental Health Providers
Funerals
Talking about Death
Hand Washing and Hand Sanitizers
Explain Germs
Hand Wash Songs
Hand Wash Steps
Sanitizer
When to Wash
Head Lice
Cleaning - Head Lice
Diagnosis - Head Lice
Treatment - Head Lice

TIPS Article and Card List (cont.)

Hand Washing and Hand Sanitizers
Explain Germs
Hand Wash Songs
Hand Wash Steps
Sanitizer
When to Wash Hands
Head Lice
Cleaning
Diagnosis
Treatment
Healthy Eating Habits
Books About Food
Choking Hazards
Family Meals
Healthy Food Fun
My Plate
Parent and Child Jobs
Picky Eaters
Plant Based
Strategies that Backfire
Household Dangers
Baby Walkers
Burns
Choking Hazards
Drowning
Falls
Fire
Fire Escape Plan
Firearms
Measuring Medicine
Poisons
Shocks and Sharp Objects
Storing Medication
Watch Out!

TIPS Article and Card List (cont.)

Immunization
Immunization Schedule
Immunization the Facts
Inclusive Child Care
Disabilities and Inclusive Child Care Choose Inclusive Care
Disabilities and Inclusive Child Care Early Detection
Disabilities and Inclusive Child Care Who to Call in AR
Disabilities and Inclusive Child Care Who to Call National
Infant Crying
Infant Crying Abusive Head Trauma
Infant Crying Colic
Infant Crying Make a Plan
Infant Crying Separation Anxiety
Infant Crying Soothing, Not Spoiling
Infant Mental Health
Infant Mental Health
Warning Signs
Introducing Solid Foods
Too Early
Too Late
When and How
Masturbation in Young Children
Masturbation in Young Children
Morning Routines
Morning Routine
Nightmares and Night Terrors
Bedtime Routines
Enough Sleep
Nightmares
Night Terrors
Oral Health
Baby Bottle Tooth Decay
Baby Teeth are Important

TIPS Article and Card List (cont.)

Oral Health (cont.)
Dental Home
Fluoride
Getting Ready for Healthy Teeth
Lift the Lip
Snacks and Healthy Teeth
Stop Spreading Tooth Decay
Pacifiers
Quitting
Safe Use
Play
1 year
2 and 3 years
4 years
10 Minutes to Good Behavior
Boy or Girl Play
Is and Isn't
Play is Essential
Play Starts at Birth
Positive Talk
Positive Talk
STAR
Quality Child Care
Choosing Quality Child Care Babies
Choosing Quality Child Care Toddlers
Choosing Quality Child Care Preschoolers
Classrooms for Babies
Classrooms for Toddlers
Classrooms for Preschoolers
Getting Your Child in Child Care
Partner with your Child's Caregiver
Why Children Need Quality Care

TIPS Article and Card List (cont.)

Reading
Books or TV?
Early Literacy Milestones
Shared Book Reading - eBooks
Shared Book Reading - Infants and Toddlers
Shared Book Reading - Social Skills
Shared Book Reading - Young Children
Ringworm
Ringworm
Rough and Tumble Play
Rough and Tumble Play or Aggression
Rough and Tumble Play Among Children
Rough and Tumble Play with Parents
School Readiness
Get Ready for School
On the Right Track for School
Screen Time
Screen Time - Less is Better
Selecting Screen Content
Parent Controls
Selecting Screen Content
Self Esteem
Self -Esteem
Sickle Cell Disease
Care and Emergency Plan
Guideline for Home and Group Settings
Help Your Child Cope
Seek Support for Yourself
Special Education Services
When to Call the Doctor
Social-Emotional Health
Adult Words Can Hurt
Calming Down
Caring About Others

TIPS Article and Card List (cont.)

Social-Emotional Health (cont.)
Controlling Tantrums
Feeling Words
Following Rules
Problem Solving
Teach Good Choices
Solid Foods
Allergies
How to Quit
Toxins
Spanking
Spanking more Harm than Help
Spoiling
Spoiling - Infants
Toddlers and Preschoolers
Sudden Unexplained Infant Death (SUID)
Risk Factors
Safe to Sleep
Sleeping Alone
Tobacco and Nicotine
Tummy Time
Thumb Sucking
Thumb Sucking
Toilet Training
Getting Ready
Method
Problems
Readiness Skills
Teaching all the Steps
Toileting Accidents
Toilet Accidents
Toothbrushing
Toothbrushing
Trauma
Trauma

TIPS Article and Card List (cont.)

Vaping and Smoking
How to Quit
Smoke Free Home
Vaping is Not Safe
Vegetables
Kid-Friendly Vegetables
Weekly Vegetable Servings
Save Time and Money
Serve a Variety
Vision
Warning Signs
Wearing Eyeglasses
Well-Child Care
Well-Child Care
Medical Homes and Well-Child Care Choosing a Doctor
Medical Homes and Well-Child Care Parents and Doctors and Partners
Medical Homes and Well-Child Care Records at Home