

## TIPS Article and Card List

<b>Addictive substances</b>
Addictive Substances
Prenatal Exposure
<b>Allergies or infection</b>
Explain Germs
Hand Wash Songs
Hand Wash Steps
Sanitizer
When to Wash Hands
<b>Anxiety</b>
Getting Help
Phobias
Separation Anxiety
Social Anxiety
Trauma
<b>Asthma</b>
Asthma Care Plan
Asthma and Tobacco
<b>Bath Time</b>
Bath Product Safety
Gentle Baby Cleansing
Learning to Bathe
Safe Bath Time
<b>Bedtime Routines</b>
Bedtime Routines
Bedtime Story
Resisting Bedtime
<b>Bedwetting</b>
Bedwetting
<b>Biting</b>
Baby Biting
Biting after the Age 3
If your child bites
If your child is bitten

<b>Immunization</b>
Immunization Schedule
Immunization the Facts
<b>Inclusive Child Care</b>
Disabilities and Inclusive Child Care Choose Inclusive Care
Disabilities and Inclusive Child Care Early Detection
Disabilities and Inclusive Child Care Who to Call in AR
Disabilities and Inclusive Child Care Who to Call National
<b>Infant Crying</b>
Infant Crying Abusive Head Trauma
Infant Crying Colic
Infant Crying Make a Plan
Infant Crying Separation Anxiety
Infant Crying Soothing, Not Spoiling
<b>Infant Mental Health</b>
Infant Mental Health
Warning Signs
<b>Introducing Solid Foods</b>
Too Early
Too Late
When and How
<b>Masturbation in Young Children</b>
Masturbation in Young Children
<b>Morning Routines</b>
Morning Routine
<b>Nightmares and Night Terrors</b>
Bedtime Routines
Enough Sleep
Nightmares
Night Terrors
<b>Oral Health</b>
Baby Bottle Tooth Decay
Baby Teeth are Important

## TIPS Article and Card List (cont.)

<b>Bullying</b>
Hurt Feelings or Body
If Bullying Escalates
Preventing Bullying
<b>Car Passenger Safety</b>
Car Safety for Infants
Car Safety Stages
Car Safety Trucks
Car Safety for Young Children
<b>Child Sexual Abuse</b>
Protective Skills
Signs
Supervision
<b>Child Support</b>
Paying Child Support
Receiving Child Support
<b>Choosing Children's Books</b>
Choosing Books 0 to 9 Months
Choosing books 10 to 18 Months
Choosing Books 24 to 36 Months
Choosing Books 36 to 48 Months
Choosing Books Expand Their World
Choosing Books Mirror Their World
Choosing Books Where to Go
<b>Co-Parenting</b>
Bio, Foster, Adoptive
Blended Families
Consistent Co-Parenting
Good Visits
Respectful Co-Parenting
<b>Cold Weather Play</b>
Cold Weather Play

<b>Oral Health (cont.)</b>
Dental Home
Fluoride
Getting Ready for Healthy Teeth
Lift the Lip
Snacks and Healthy Teeth
Stop Spreading Tooth Decay
<b>Pacifiers</b>
Quitting
Safe Use
<b>Play</b>
1 year
2 and 3 years
4 years
10 Minutes to Good Behavior
Boy or Girl Play
Is and Isn't
Play is Essential
Play Starts at Birth
<b>Positive Talk</b>
Positive Talk
STAR
<b>Quality Child Care</b>
Choosing Quality Child Care Babies
Choosing Quality Child Care Toddlers
Choosing Quality Child Care Preschoolers
Classrooms for Babies
Classrooms for Toddlers
Classrooms for Preschoolers
Getting Your Child in Child Care
Partner with your Child's Caregiver
Why Children Need Quality Care

## TIPS Article and Card List (cont.)

Colds, Flu and RSV
Colds, Flu and RSV
<b>Common Eye Conditions and Injury</b>
Eye Injury
Pink Eye
Sties and Cellulitis
<b>Cup Drinking</b>
Transition to Cup Drinking
<b>Dads and Reading</b>
Talking and Reading with Dads
<b>Depression (Parental)</b>
Coping with Suicidal Thoughts
Depressions
Finding Arkansas Mental Health Providers
Recognize Suicide Warning Signs
<b>Disaster Preparation and Recovery</b>
After an Emergency
During an Emergency
Preparing for Emergencies
<b>Domestic Violence</b>
Children Nearby
Make a Plan
<b>Ear Infections</b>
Ear Infections Prevention
Ear Infections, Return to Daycare
Ear Infections and Tubes
<b>Effective Discipline</b>
10 minutes to good behavior
Enforcing Rules
Ignore the Reward
Planning Ahead
Routines
Teach all the Steps

<b>Reading</b>
Books or TV?
Early Literacy Milestones
Shared Book Reading - eBooks
Shared Book Reading - Infants and Toddlers
Shared Book Reading - Social Skills
Shared Book Reading - Young Children
<b>Ringworm</b>
Ringworm
<b>Rough and Tumble Play</b>
Rough and Tumble Play or Aggression
Rough and Tumble Play Among Children
Rough and Tumble Play with Parents
<b>School Readiness</b>
Get Ready for School
On the Right Track for School
<b>Screen Time</b>
Screen Time - Less is Better
<b>Selecting Screen Content</b>
Parent Controls
Selecting Screen Content
<b>Self Esteem</b>
Self -Esteem
<b>Sickle Cell Disease</b>
Care and Emergency Plan
Guideline for Home and Group Settings
Help Your Child Cope
Seek Support for Yourself
Special Education Services
When to Call the Doctor
<b>Social-Emotional Health</b>
Adult Words Can Hurt

## TIPS Article and Card List (cont.)

<b>Effective Discipline (cont.)</b>
Time Outs
Voluntary Time-Out
<b>Family Traditions</b>
Ideas for Family Traditions
Family Traditions Support Children
Family Traditions in a New Home
Family Traditions When Families Change
<b>Fast Food</b>
Fast Food Advertising
Fast Food Eating Healthy When Eating Out
Fast Food Less is More
<b>Fathers (Importance of)</b>
Baby Bonding
Daily Routines
Early Education
Support Breastfeeding
When Parent Returns
<b>Fruit and Juice</b>
Fruit and Juice
No Drinks with Added Sugar
<b>Grief and Loss</b>
Children's Grief
Deployment
Divorce
Finding Arkansas Mental Health Providers
Funerals
Talking about Death
<b>Hand Washing and Hand Sanitizers</b>
Explain Germs
Hand Wash Songs
Hand Wash Steps

<b>Social-Emotional Health (cont.)</b>
Calming Down
Caring About Others
Controlling Tantrums
Feeling Words
Following Rules
Problem Solving
Teach Good Choices
<b>Spanking</b>
Spanking more Harm than Help
<b>Spoiling</b>
Spoiling - Infants
Toddlers and Preschoolers
<b>Sudden Unexplained Infant Death (SUID)</b>
Risk Factors
Safe to Sleep
Sleeping Alone
Tobacco and Nicotine
Tummy Time
<b>Thumb Sucking</b>
Thumb Sucking
<b>Toilet Training</b>
Getting Ready
Method
Problems
Readiness Skills
Teaching all the Steps
<b>Toileting Accidents</b>
Toilet Training Accidents
<b>Toothbrushing</b>
Toothbrushing

