

TIPS Article and Card List

Addictive substances	Immunization
Addictive Substances	Facts Schedule
Allergies or infection	Inclusive Child Care
Allergies Explain Germs Hand Wash Songs Hand Wash Steps Sanitizer When to Wash Hands	Choose Early Detection Experts Who to Call AR Whot to Call National
Anxiety in Young Children	Infant Crying
Seperation Anxiety Getting Help for Anxiety Anxiety Phobias Anxiety Trauma Social Anxiety	Abusive Head Trauma Colic Make A Plan Separation Anxiety Soothing not Spoiling
Asthma	Infant Mental Health
Asthma Care Plan Tobacco	Infant Mental Health Warning Signs
Bath Time	Introducing Solid Foods
Safe Bath Time Bath Product Safety Learning to Bathe Gentle Baby Cleansing	Too Early Too Late When and How
Bedtime Routines	Masturbation in Young Children
Bedtime Routines Resisting Bedtime	Masturbation in Young Children
Bedtime Story	Morning Routines
Bedtime Story	Morning Routines
Bedwetting	Nightmares and Night Terrors
Bedwetting	Bedtime Routines
Biting	Enough Sleep
If your Child Bites If your Child is Bitten	Night Terrors Nightmares

Biting after 3

Biting (cont.)

Baby Biting

Bullying

Escalation

Hurt Feelings

Preventing

Car Passenger Safety

Babies and Car Passenger Safety

Preschoolers and Car Passenger Safety

Safety Seat Stages

Toddlers and Car Passenger Safety

Trucks and Passenger Safety

Child Sexual Abuse

Sexual Abuse Prevention Signs

Sexual Abuse Prevention Protective Skills

Sexual Abuse Prevention Supervision

Child Support

Paying Child Support

Receiving Child Support

Choosing Children's Books

Choosing Children's Books Especially for Your Child

Choosing Children's Books for 7 to 9 Months

Choosing Children's Books for 9 to 18 Months

Choosing Children's Books for 19 to 30 Months

Choosing children's books for newborn to 6 months

Concept Books

Informational Books

Poems, songs, and rhymes

Predictable Books

Quality Preschool Books

Storybooks

Oral Health

Baby Bottle

Baby Teeth are Important

Oral Health (cont.)

Dental Home

Fluoride

Getting Ready for Healthy Teeth

Lift the Lip

Snacks and Healthy Teeth

Stop Spreading Tooth Decay

Pacifiers

Quitting

Safe Use

Play

1 year

10 minutes to good behavior

2 and 3 years

4 years

Boy or Girl

Is and Isn't

Starts at Birth

Play is Essential

Positive Talk

Positive Talk

STAR

Prenatal Exposure

Effects on Children

Father's Message

Avoid Alcohol During Pregnancy

Seek Help for Child

Services for Children

Quality Child Care

Choosing Quality Child Care for Babies

Choosing Quality Child Care for Preschoolers

Traditional Stories
Wordless Picture Books

Choosing Quality Child Care for Toddlers
Getting Your Child in Child Care
Partner with Your Child's Caregiver
Quality Classrooms for Babies

Co-Parenting

Quality Child Care (cont.)

Bio, Foster and Adoptive Families
Blended Families
Good Visit
Consistent Co-Parenting
Respectful Co-Parenting

Quality Classrooms for Preschoolers
Quality Classrooms for Toddlers
Why Children Need Quality Care

Reading

Cold Weather Play

Books or TV?

Cold Weather Play

Early Literacy Milestones

Colds, Flu and RSV

Shared Book Reading - eBooks

Colds, Flu and RSV

Shared Book Reading - Infants and Toddlers

Shared Book Reading - Social Skills

Shared Book Reading - Young Children

Common Eye Conditions and Injury

Ringworm

Eye Injury

Ringworm

Pink Eye

Rough and Tumble Play

Sties and Cellulitis

Rough and Tumble Play

Cup Drinking (New Versions)

School Readiness

Transition to Cup Drinking

Get Ready

On Track

Dads and Reading

Screen Time

Dads and Reading

Screen Time - Less is Better

Depression (Parental)

Selecting Screen Content

Coping with Suicidal Thoughts

Parent Controls

Depression (Parental)

Selecting Screen Content

Finding Arkansas Providers

Self Esteem

Recognize the Signs of Depression

Self -Esteem

Disaster Preparation and Recovery

Sickle Cell Disease

After

Basic Guidelines

During

Care and Emergency Plan

Preparing

Help Your Child Cope

Domestic Violence

Seek Support for Yourself

Children Nearby

Special Education Services

Make a Plan

Ear Infections

Ear Infections - Prevention
Return to Daycare
Ear Infections and Tubes

When to Call the Doctor

Social-Emotional Health

Adult Words
Calming Down

Effective Discipline

10 minutes to good behavior
Enforcing Rules
Routines
Ignore then reward
Planning Ahead
Teach all the Steps
Time-Out
Voluntary Time-Out

Social-Emotional Health (cont.)

Caring about Others
Controlling Tantrums
Feeling Words
Following Rules
Problem Solving
Teaching Good Choices

Spanking

Spanking

Family Traditions

Ideas for Family Traditions
New Home
Supports Children
When Families Change

Spoiling

Spoiling - Infants
Toddlers and Preschoolers

Fast Food

Eating Healthy When Eating Out
Fast Food Advertising
Less is More

Sudden Unexplained Infant Death (SUID)

Risk Factors
Safe to Sleep
Sleeping Alone

Fathers, Importance of

Baby Bonding
Daily Routines
Early Education
Support Breastfeeding
When Parent Returns

Tobacco

Tummy Time

Thumb Sucking

Thumb Sucking

Fruit and Juice

Fruit and Juice
No Added Sugar - Fruit and Juice

Toilet Training

Getting Ready
Problems

Grief and Loss

Arkansas Providers

Readiness Skills

Teach All the Steps

	Method
Children and Divorce	
Children and Funerals	Toileting Accidents
Children's Grief	Toileting Accidents
Talking About Death	Toothbrushing
When a Parent is Deployed	Toothbrushing
Hand Washing and Hand Sanitizers	Trauma
Explain Germs	Trauma
Hand Sanitizer	Vaping
Songs	How to Quit
Steps	Smoke Free Home
When to Wash Hands	
Head Lice	Vaping (cont.)
Cleaning - Head Lice	Vaping is Not Safe
Diagnosis - Head Lice	
Treatment - Head Lice	
Healthy Eating Habits	Vegetables
Books About Food	Kid-Friendly Vegetables
Choking Hazards	Weekly Vegetable Servings
Family Meals	Serve a Variety of Vegetables
Healthy Food Fun	Shopping for Vegetables
My Plate	Vision
Parent and Child Jobs	Warning Signs
Picky Eaters	Wearing Eyeglasses
Strategies that Backfire	
Household Dangers	Well-Child Care
Baby Walkers	Choosing a Doctor
Burns	Parents and Doctors as Partners
Choking Hazards	Records at Home
Drowning	Well-Child Care
Falls	
Fire	
Fire Escape Plan	
Firearm Accidents	
Measuring Medicine	

Medicine Safety

Other Dangers

Poison Control Hotline

Poisons

Smoke Alarms

Watch Out!

