



App Articles and Card Listing

Alcohol and Drugs

Getting Help
Protecting Children

Allergies or Infection

Allergies or Infection

Anxiety in Young Children

Anxious Foster Children
Books about Separation Anxiety
Getting Help for Childhood Anxiety
Normal Anxiety and Fear
Parenting an Anxious Child
Signs of Anxiety
Signs of Separation Anxiety

Asthma

Asthma Care Plan
Secondhand Smoke

Bath Time

Infant Safety
New Babies
Preschooler Safety
Toddler Safety

Bedtime Routines

Bedtime Routines

Bedtime Story

Bedtime Story

Bedwetting

Bedwetting

Biting

After age 3
If your Child Bites
If your Child is Bitten

Books about Divorce

Books about Divorce

Bullying

Books about Teasing and Bullying
Bullying
Bullying Victim

Car Passenger Safety

Babies
Car Safety Rules
Change Safety Seats
Elementary Age
Preschoolers
Prevent Car-Related Injuries
Safety Seat Stages
Toddlers
Trucks and Passenger Safety

Child Sexual Abuse

Preventing Child Sexual Abuse
Responding to Child Sexual Behavior
Signs of Child Sexual Abuse
When a Child Reports Sexual Abuse

Child Support

Child Needs Both Parents
Court Ordered Support
How Moms Help Dads Pay

Choosing Children's Books

19 to 30 Months
7 to 9 Months
9 to 18 Months
Concept Books
Especially for Your Child



App Articles and Card Listing

Choosing Children's Books (cont.)

- Informational Books
- Newborn to 6 Months
- Poems, Songs and Rhymes
- Predictable Books
- Quality Preschool Books
- Storybooks
- Traditional Stories
- Wordless Picture Books

Co-Parenting

- Books about Divorce
- Consistent Co-Parenting
- Good Visits for Foster Children and Their Parents
- Making the Best of Co-Parenting
- Protecting Children from Co-Parent Conflict
- Relationships Between Foster and Biological Parents

Cold Weather Play

- Cold Weather Play

Colds, Flu and RSV

- Colds, Flu and RSV

Crying

- Colic
- How to Soothe Your Baby
- Separation Anxiety
- Shaken Baby Syndrome
- Spoiling or Comforting
- Stranger Fear

Cup Drinking

- Cup Drinking

Dads and Reading

- Reading Aloud

Dads and Reading (cont.)

- Talking Together

Domestic Violence

- Effects on Children
- Help a Friend

Ear Infections

- Ear Infections and Daycare
- Ear Infections and Tubes
- Preventing Ear Infections
- Treating an Ear Infection

Effective Discipline

- Absolute Rules
- Consequences for Bad Behavior
- Consequences for Good Behavior
- Distract
- Giving a Reprimand
- Nurturing Family Routines
- Pay Attention or Ignore
- Planning Ahead
- Praise Good Behavior
- Redirect
- Role Modeling
- Supportive Play
- Talking Together
- Teach All the Steps
- Time-Out
- Voluntary Time-Out

Family Traditions

- Build Strong Families
- Deployed Families
- Foster Families
- Ideas for Family Traditions



App Articles and Card Listing

Family Traditions (cont.)

When Families Change

Fast Food

Advertising

Eating Healthy When Eating Out

Less is Better

Fruit and Juice

Fruit and Juice

No Soft Drinks

Giving Up the Pacifier

Giving Up the Pacifier

Grief and Loss

Children and Divorce

Children and Funerals

Children's Books about Grief and Loss

Helping Foster Children Cope with Grief and Loss

Talking to Children about Death

Understanding Feelings of Children in Foster Care

When a Parent is Deployed

Handwashing

Family Health Habit

Hand Sanitizer

Songs

Steps

Use Glitter to Explain Germs

When to Wash Hands

Head Lice

Check for Head Lice

Head Lice

Medicine

Stop the Spread of Head Lice

Healthy Eating Habits

Books About Food

Choking Hazards

Fun, Healthy Meals

My Plate

Parent and Child Jobs

Picky Eaters

Strategies that Backfire

Household Dangers

Baby Walkers

Burns

Choking

Drowning

Falls

Fire

Fire Escape Plan

Firearm Accidents

Measuring Medicine

Medicine Safety

Other Dangers

Poison Control Hotline

Poisons

Smoke Alarms

Watch Out!

Immunization

Schedule

Side Effects

The Facts

Importance of Fathers

Books with a Focus on Fathers

Day-to-Day Care



App Articles and Card Listing

Importance of Fathers (cont.)

Father's Love
In School and in Life

Introducing Solid Foods

Too Early
Too Late
When and How

Masturbation in Young Children

Masturbation in Young Children

Medical Home

Choosing a Doctor
Parents and Doctors as Partners
Records at Home

Morning Routines

Morning Routines

Nightmares and Night Terrors

Night Terrors
Nightmares

Oral Health

Baby Bottle Tooth Decay
Baby Teeth are Important
Dental Home
Fluoride
Getting Ready for Healthy Teeth
Healthy Teeth
Lift the Lip
Pregnancy
Snacks and Healthy Teeth
Stop Spreading Tooth Decay

Parental Depression

Parental Depression

Play

10 Minutes to Good Behavior
Books on Parent and Child Playtime
Boys and Pretend Play
Builds Mastery Motivation
Constructive Play
Cooperative Play
Differences Between Boy and Girl Play
Early Play Skills
Exploratory Play
Functional Play
Games with Rules
Group Play
Helps Social Skills Grow
Helps Thinking Skills Grow
Parallel Play for Toddlers
Play and Adult Support
Play and Imitation
Play and Learning
Play and Quality Child Care
Play and Scaffolding
Pretend Play
Problem Solving – Infants and Toddlers
Problem Solving – Preschoolers
Roles of Fathers
Solitary Play for Infants and Toddlers
Time, Space and Materials

Positive Talk – Confident Kids

Positive Talk = Confident Kids

Prenatal Exposure

Alcohol during Pregnancy – Father Message



App Articles and Card Listing

Prenatal Exposure (cont.)

Avoid Alcohol during Pregnancy
Effects on Children
Seek Help for Child
Services for Children

Preschool Eye Health

Preventing Eye Injury
Recommended Check-Ups
Warning Signs
Wearing Eyeglasses

Quality Child Care

Choosing Quality Child Care for Babies
Choosing Quality Child Care for Preschoolers
Choosing Quality Child Care for Toddlers
Getting Your Child in Child Care
Partner with Your Child's Caregiver
Quality Classrooms for Babies
Quality Classrooms for Preschoolers
Quality Classrooms for Toddlers
Why Children Need Quality Care

Reading

Check Out Library Books
Environmental Print
Got to the Library
Literacy in the Home
Parents Lay the Foundation
Pre-Reading Skills
Reading in Your Family's Language
Reading Makes Kids Smarter than Watching TV
Shared Book Reading – Early Skills
Shared Book Reading – Preschool

Ringworm

Ringworm

Rough and Tumble Play

Rough and Tumble Play

Selecting TV Programs for Preschoolers

Selecting TV Programs for Preschoolers

Self Esteem

Self-Esteem

Sickle Cell Disease

Basic Guidelines for Home and School
Care and Emergency Plan
Help Your Child Cope
Seek Support for Yourself
Special Education Services
When to Call the Doctor

Social Emotional Health

Asking a Grown-up for Help
Books about Anger and Calming Down
Books about Feelings
Books About Friendship
Books about Sharing
Calming Down
Caring about Others
Coping with Emotions
Emotional Thinking
Emotional Healthy
Feeling Words
Following Rules
Learning to Make Good Choices
Making Friends
Problem Solving



App Articles and Card Listing

Social Emotional Health (cont.)

Raising Socially Healthy Kids
Setting Limits
Tantrums
Think, then Act
Words Can Hurt

Spanking

Spanking

Spoiling Babies

Spoiled or Secure Infants and Toddlers
Spoiling or Comforting Crying Babies
Spoiling or Handling Stress
Spoiling or Teaching Independence
Spoiling or Teaching the Busy Toddler

SUID (Sudden Unexplained Infant Death)

Risk Factors
Safe to Sleep
Sleeping Alone
Tobacco and Nicotine
Tummy Time

Thumb Sucking

Thumb Sucking

Toilet Training

Method
Preparing Your Toddler
Problems
Readiness Skills
Teach All the Steps

Toileting Accidents

Toileting Accidents

Toothbrushing

Toothbrushing

Vegetables

Kid-Friendly Vegetables
Recommended Weekly Vegetable Servings
Serve a Variety of Vegetables
Shopping for Vegetables
Shared Book Reading - Preschool

Well-Child Care

Well-Child Care