

# Bullying Victim

PHYSICAL

WORDS  
HURT

VERBAL



MENTAL

Is your child being bullied?

Teach your child to say:

“I don’t like it when you do that”

or

“Stop it”, then ask an adult for help

Watch your child closely.

Help your child join playtime.

Help your child solve problems peacefully.

Teach your child that asking for help and tattling are different.

