

Jeopardy Answer Key – Cold weather, illness, and prevention

<b>Category</b>	<b>Answer – Page (sentence highlighted in yellow)</b>	<b>Question</b>
Cold Weather Play – 1-100	This is the cause of illnesses like cold and flu (page 1)	What is a virus?
Cold Weather Play – 1-200	This means almost every day, unless there is active precipitation, extremely hot or cold conditions, or public announcements advising people to remain indoors due to weather conditions (page 1)	What is weather permitting?
Cold Weather Play – 1-300	Researchers suspect that a cold and being cold may be due to the cold temperature constricting blood vessels in the nasal cavity, which may restrict the number of these (infection fighters) present (page 2)	What are white cells?
Cold Weather Play – 1-400	Children produce proportionately more of this than adults when walking or running (page 3)	What is body heat?
Cold Weather Play – 1-500	Weather poses health risks at these temperatures (page 3)	What is wind chill at or below 15 degrees Fahrenheit and heat index at or above 90 degrees Fahrenheit?
Colds and Flu – 2-100	The rates of colds increase in this month (page 2)	What is August?
Colds and Flu – 2-200	Children average this many colds per year (page 1)	What is 6-10?
Colds and Flu – 2-300	1 – Touching skin or environmental surfaces that have cold germs on them and then touching your eyes or nose and 2 – inhaling drops of mucus with cold germs (page 2)	What are two ways of getting infected by cold viruses?
Colds and Flu – 2-400	Virus germs live up to this many hours on skin and other surfaces (page 3)	What is 3 hours?
Colds and Flu – 2-500	Aspirin is linked to this syndrome that affects the brain and liver in children 3-12 years (page 2)	What is Reye’s Syndrome?
Ear Infections – 3-100	The medical term for infection or fluid buildup in the middle ear (page 1)	What is otitis media?
Ear Infections – 3-200	Ear infections occur most often in children between these ages (page 1)	What is 3 months to 3 years?
Ear Infections – 3-300	This type of treatment is less likely to be used if the child is younger than 2 years, both ears are infected, or the infection is advanced or severe (page 4)	What is the “watch and wait” treatment method?
Ear Infections – 3-400	This degree of hearing loss is often associated with an ear infection (page 5)	What is a mild loss?
Ear Infections – 3-500	Breast feeding, avoid propping bottles or sippy cups, vaccinations, avoid second hand smoke, wash hands, wash toys (page 7)	What are ways to prevent ear infections?

Allergies or Infection – 4-100	Simple colds last this amount of time (page 1)	What is one week?
Allergies or Infection – 4-200	Children typically have this many viral infections a year (page 1)	What is 6-9?
Allergies or Infection – 4-300	The purpose of this is to protect other children and staff (page 2)	What is exclusion?
Allergies or Infection – 4-400	If a child has thick, sticky, yellow-green mucous for over this many days you should take them to the doctor (page 1)	What is 10 days?
Allergies or Infection – 4-500	Two supplements that have not been found to work in children for relieving symptoms of colds (page 1)	What are zinc and Echinacea?
Hand Washing – 5-100	Regular hand washing is the best way to avoid illness and prevent the spread of these (page 1)	What are germs?
Hand Washing – 5-200	Hand washing should take this many seconds (page 2)	What is 20 seconds?
Hand Washing – 5-300	Parents should model this skill for their children (page 4)	What is hand washing?
Hand Washing – 5-400	The common cold results in this many days of school absences (page 1)	What is 22 million?
Hand Washing – 5-500	Hand sanitizer should contain this much alcohol (page 5)	What is at least 60%?
Well-Child Care – 6-100	Well-child care consists of these (page 1)	What are regular checkups?
Well-Child Care – 6-200	Well- child care spans these ages (page 1)	What is birth – 18 years?
Well-Child Care – 6-300	This group estimates that many children do not receive enough well child visits (page 1)	Who is the American Academy of Pediatrics?
Well-Child Care – 6-400	Measurements, physical exams, screening tests, and vaccines are part of this (page 1)	What is a well-child care visit?
Well-Child Care – 6-500	A person between the ages of birth-18 years should have well-child checkups this many times (page 3)	What is 28?